



VEGETARIAN

BEEF

CHICKEN

PORK

TURKEY

All grains are whole-grain rich. Students must select a ½ cup of fruit and / or a ½ cup of vegetables with their meal.

Meals are offered with non-fat chocolate milk or 1% white milk.



SEPTEMBER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B.I.C. 1 - 5 LUNCH	 <i>WE WILL BE CLOSED FOR Labor Day</i>	Chocolate Chip Muffin Wild Berry Juice Apple Slices ◆ Chicken Fajitas w/Rice, Beans, & Tortillas	Grape Uncrustable Apple Juice Grapes ◆ Mango Habanero Chicken Wings w/Mac & Cheese	Mini Choc Donuts Orange Juice Craisins ◆ Turkey Walking Tacos	Homemade Strawberry Bread Wild Berry Juice Tangerines ◆ Green Chili & Cheese Tamales w/Rice & Beans
B.I.C. 8 - 12 LUNCH	Cinnamon Swirls Orange Juice Strawberry Apple Crisps ◆ Beef Chili Cheese Fries w/Roll	Variety Conchas Wild Berry Juice Apple Slices ◆ Chicken Fettuccini Alfredo w/Broccoli & Breadstick	Lucky Charms Apple Juice Grapes ◆ Birria & Cheese Pupusas w/Rice, Beans & Curtido	Mini Maple Waffles Orange Juice Banana ◆ Green Chili Chicken Enchiladas w/Rice	Mini Cinni's Wild Berry Juice Tangerines ◆ Cheesy Nachos
B.I.C. 15 - 19 LUNCH	Ultimate Breakfast Round Orange Juice Strawberry Apple Crisps ◆ Chicken Shawarma w/Steamed Rice & Pita Bread	Mini Apple Bites Wild Berry Juice Apple Slices ◆ Red Carnitas Wet Burrito	Mini Cream Cheese Stuffed Bagels Apple Juice Grapes ◆ BBQ Chicken Wings w/Mac & Cheese	Mini Powdered Donuts Orange Juice Craisins ◆ Red Turkey Pozole w/Chips	Homemade Banana Bread Wild Berry Juice Tangerines ◆ Cheesy Ravioli w/Marinara & Garlic Bread
B.I.C. 22 - 26 LUNCH	Cinnamon Rolls Orange Juice Strawberry Apple Crisps ◆ Kung Pao Chicken w/Chow Mein	Chocolate Crescents Wild Berry Juice Apple Slices ◆ Chicken Tinga Nachos w/Cheese	Honey Scooters Apple Juice Grapes ◆ Spaghetti w/Meatballs & Garlic Bread	Sausage & Cheese Croissants Orange Juice Banana ◆ Fresh Deluxe Buzz Burgers	Variety Conchas Wild Berry Juice Tangerines ◆ Bean & Cheese Pupusas w/Curtido
B.I.C. 29 - 30 LUNCH	Pop Tarts Orange Juice Strawberry Apple Crisps ◆ Fresh Grilled Hot Dogs	Chocolate Chip Muffin Wild Berry Juice Apple Slices ◆ Chicken Fajitas w/Rice, Beans, & Tortillas	SEPTEMBER		

MILOR HIGH SCHOOL LUNCH MARKETPLACE:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bumble Chef Salad	Spicy Chicken Salad w/Tapatío Ranch Dressing	Honey Bee Cowboy Fiesta Salad	Turkey Grinder	Queen Bee's Island Mac Salad

DAILY LUNCH CHOICES:

Orange Chicken w/Seasonal Vegetables & Rice (Mon/Wed/Fri)
Teriyaki Chicken w/Seasonal Vegetables & Rice
Spicy Chicken Sandwich
Ardella's Pepperoni Pizza (Mon/Wed)
Buzz Cheeseburgers (Tue/Thu/Fri)
Yogurt Parfait w/Fruit & Granola



DAILY LUNCH SIDES:

Seasonal Fresh Fruit
Cool Tropics Variety (Mon/Fri)
Seasoned Beans w/Cheese
Garden Salad Shakers
Seasoned Potato Wedges (Mon/Wed/Fri)
Variety Chips (Tue/Thu)
Baby Carrots
Fresh Cut Fruit Cups
Fresh Cut Vegetable Cups

Condiments: Ketchup, Mustard, Mayonnaise, Tapatío Sauce, Soy Sauce, Tajin, Bumble Ranch Dressing, Hilda's Secret Sauce, La Verde Rebelde Salsa, Stinger Red Salsa

Menu is subject to change without notice.

This institution is an equal opportunity provider.